

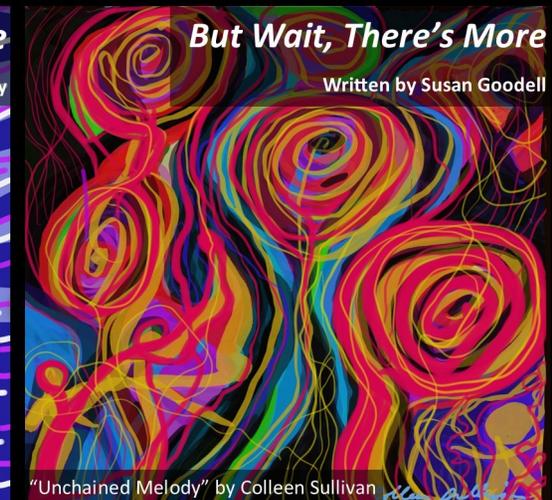
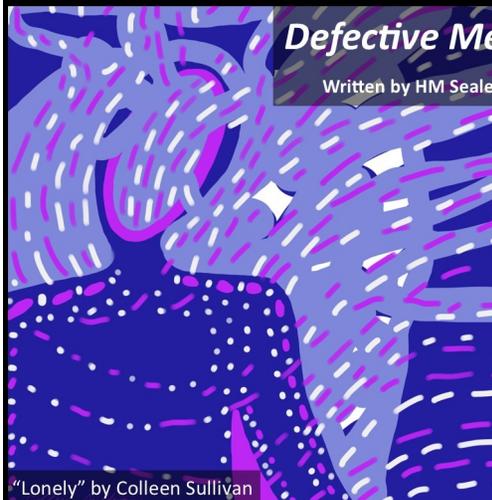
Your Eco-Friendly Programme

for

We all Shine  
PRODUCTIONS

# FIGHTING OURSELVES

An Evening of Short Plays and Entertainment



50% of proceeds will be donated to the Canadian Mental Health Association, National

Featuring Music by



M.T. Walker

In Support Of



February 6, 2021 at 8pm EST  
Streaming Live for Free on YouTube  
Visit: [weallshineproductions.com](http://weallshineproductions.com)





## Christine Fraser

### Creator/Artistic Director

In a few exciting, short months, We All Shine Productions has gone from just an fleeting idea to our second production.

In the beginning, the concept was for We All Shine Productions to simply bring immersive theater experiences online, but

what exactly that would look like was unclear. Lots of theatre companies were doing virtual plays. How could we stand out?

A clear vision began to emerge as the first production came together; focus on a theme and create a community of creatives/artists who want to showcase their work. Therefore, We All Shine Productions' events will include 2-3 short one-act plays, as well as artistic presentations/performances from a variety of artists, focused around a common theme.

In *Fighting Ourselves*, we explore how the voices in our heads/the things we say to ourselves drive our behaviours. While different in topic and genre, both *Defective Me* and *But Wait, There's More*, examine the internal struggle to leave old thought patterns behind in an attempt to change and grow, in order to live a happier life.

It was a joy to collaborate with M.T. Walker and Colleen Sullivan and we are so grateful for them sharing their wonderful talents with us.

All of this would not be possible without the indispensable help of the We All Shine Productions team; Andrew Pawarroo, Dave Kouhi, Lori Moritz, and John Sellens, whose countless hours of work have allowed us to create something we can all be proud of! Way to go team!

Christine Fraser  
Creator/Artistic Director  
We All Shine Productions



# FIGHTING OURSELVES

## Cast of *Defective Me* by H M Sealey

Directed By Andrew Pawarroo

In order of appearance

Anna <b>Parmida Vand</b>	Mia <b>Kirsty Campbell</b>	Rebecca <b>Christine Fraser</b>
Chris <b>John Fetherston</b>		Alex <b>Bruce Williamson</b>

## Cast of *But Wait, There's More* by Susan Goodell

Directed by Christine Fraser

In order of appearance

Mr. Twivel <b>Cam Lund</b>	Patrice <b>Samantha Perrone</b>
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## Swings

<b>Lori Moritz</b>	<b>Andrew Pawarroo</b>
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## Cast of Our Promos

Written by Andrew Pawarroo

Susan L. <b>Shelagh Hughes Carlini</b>	Peggy McFadden / "Irish Word of the Day" <b>Catherine Hughes</b>	CEO of the Brighten Your Home Corporation <b>Peter Shipston</b>
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## Special Guest Artists

Pulse Of My Heart Studio Visual Artist <b>Colleen Sullivan</b>	Recording Artist <b>M.T. Walker</b>
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## The Fighting Ourselves Creative Team

Producer  
**Christine Fraser**

Stage Manager  
**Dave Kouhi**

Sound Design  
**Christine Fraser**  
**Andrew Pawarroo**

Video Editor  
**Andrew Pawarroo**

Assistant Producer  
**Andrew Pawarroo**

Streamer/Control Tech  
**John Sellens**

Poster/Programme Design  
**Andrew Pawarroo**

Assistant Stage Manager  
**Lori Moritz**

Costume/Prop Design  
**Christine Fraser**

I.T. Team

**Kent Fraser, Dave Kouhi,**  
**Andrew Pawarroo, John**  
**Sellens**

OBS Consultant  
**Rachel Baumann**

## The Playwrights



Playwright of *Defective Me*. Writer, playwright, custodian of a whole other universe and all-round oddity. Heather Morag Sealey (she/her) (nee Saunders) was born in North Wales in 1974 and has been living in her own little fantasy world ever since. Some of her earliest memories involve folding pieces of paper into books and writing about seashells with legs. She is the author of dozens of one-act plays, the occasional two and three act play, and no end of odd little scripts, many written for school assemblies, children, or vulnerable adults as part of "drama-therapy." She adores the countryside, a passion shared by her husband and three children.

To find more of her work, visit: <https://malkahprasch.wixsite.com/hmsealey>



Playwright of *But Wait, There's More*. Susan Goodell (she/her) is author of the full length plays *Hope Throws Her Heart Away* (premiere at Chicago's Genesis Theatrical Productions) and *Heels Over Head* (first produced by Tri-State Actors Theatre; winner, Rover Dramawerk's Seconds Award). These scripts were developed at theatres including Virginia Stage Company, The Barrow Group, and The Women's Theater Company, Parsippany, New Jersey. Her short plays have been seen on stages including The Abingdon, the Boston Theatre Marathon, *Mildred's Umbrella* and *The Changing Scene Northwest*. Other recognition: Steppenwolf Theatre Company commission, Djerassi Resident Artist, Denver Drama Critic's Circle nomination and the Denver Post's 10-best list. A former small-town newspaper editor and Madison Avenue public relations executive, she lives in New England.

New Play Exchange: <https://newplayexchange.org/users/913/susan-goodell>.

Dramatists Guild: <https://www.dramatistsguild.com/members/susangoodell>

## The Fighting Ourselves Team



Parmida Vand



Kirsty Campbell



Christine Fraser



John Fetherston



Bruce Williamson



Cam Lund



Samantha Perrone



Shelagh Hughes Carlini



Catherine Hughes



Peter Shipston



Colleen Sullivan



M.T. Walker



Dave Kouhi



Lori Moritz



John Sellens



Andrew Pawarroo



Rachel Baumann

## The Fighting Ourselves Team

### In order of appearance



Parmida Vand (she/they - pronoun indifferent) is a multi-disciplinary artist based in Toronto. Since graduating from George Brown Theatre School, Parmida has focused her work on developing new plays. Within a few years, she has accumulated credits in acting, directing, development and co-creation. In 2018, Parmida originated the role of Fatima Al-Sayed in Mark Crawford's hit play, *The New Canadian Curling Club*. She has gone on to reprise the role in productions across the country. In 2019, Parmida made her directorial debut with Let Me In Theatre's *The Stone Woman*. Over the past year at home, Parmida performed in several online productions including *Alone Together* for the 2020 Online Toronto Fringe and produced her first EP of original music called *SOLE*.



Kirsty (she/her) is delighted to be back on stage, even if it is virtually, and is looking forward to her first show with We All Shine Productions.

**For Theatre Aurora (Actor):** *La Presidente De Tourvel, Les Liaisons Dangereuses; Millie, Proscenophobia; Older Female Actor, This is a Play; Rose, Les Belles Soeurs; Brooke, Noises Off; Carolyn, Murder in Green Meadows; May, Postmortem;*

**Ensemble, Anything Goes Other Theatre:** Ryleepuss Productions (Actor): *Corie, Barefoot in the Park; Chris, Rumors; Cecily Pigeon, The Odd Couple*  
The Curtain Club (Actor): *Juror No. 12, Twelve Angry Women*  
Newmarket Stage Company (Actor): *Monica, Rehearsal for Murder*  
Training: B.A. Hons Theatre Studies, University of Ulster



Christine Fraser (she/her) has been singing and acting as long as she can remember, and on more than one occasion has been accused of being dramatic. WHAT?! She is embracing this new way of performing and is enjoying experimenting with techniques to bring immersive theatre into the virtual world. Favourite roles include: Voice of Mary/Apostle Bartholomew/et al. (long story) in *Jesus Christ Superstar* (Ryleepuss Productions); Amalia Balash in *Parfumerie* (The Curtain Club); May Henning in *The Affections of May* (Stouffville Theatre Company); and Dorothy Brock in *42nd Street* (Ryleepuss Productions). Recent roles in virtual productions include: Lubov Ranevsky in *The Cherry Orchard* (Evergreen Theatre Collective).

## The Fighting Ourselves Team

### In order of appearance



John (he/him) had his first taste of acting in high school and loved performing. After high school, he was involved with acting classes and performances at York University and Second City. He later got involved in acting with Theatre on Main in Newmarket and really enjoyed the great, small cabaret theatre setting. That led to meeting lifelong friends through various performances with Newmarket Stage Company, Marquee Theatre, and Theatre Aurora to name a few. "It is sad we cannot have live theatre at this time, and I miss being around people, but a big thank you to Christine Fraser and Andrew Pawarrou for including me in this new venture of acting through internet technology."



Bruce (he/him) has written, directed and appeared in productions with different companies throughout York Region and Toronto; including Theatre Aurora, Newmarket Stage Company, the Very Useful Theatre Company, and the InspiraTO Ten Minute Play Festival. He is looking forward to the challenge of creating a meaningful character within the limits of a single, simple camera on a laptop. Hats off to those tech folks that turn these solitary readings into theatre magic! Thanks to Christine, Andrew, and the cast and crew of *Defective Me*, it is a pleasure to be a part of this We All Shine Productions show.



Cam (he/him) has been involved in community theatre for 30 years and has loved every minute of it. He is pleased to be a part of We All Shine Productions and is having a blast alongside his co-actor Samantha. Cam was last seen onstage in 2019 at the Curtain Club in Richmond Hill, in *The Patron Saint of Stanley Park* and has performed in over 75 plays. Learning new skills, building friendships and creating memorable moments for the audience is what he loves best. Thanks to Christine, Andrew, and the We All Shine Productions team for being such a welcoming and fun group. Enjoy the show!

## The Fighting Ourselves Team

### In order of appearance



Working with We All Shine Productions for the first time and having the chance to get to know the wonderful humans involved with it has been a happy experience, one that I am thankful for. Working with Cam has been a special treat, as we both navigate this platform style of theatre for the first time under the steady guidance and encouragement of Christine, Andrew, Dave, and Lori, along with everyone who made this event possible. Special heartfelt thanks to the audience for their continued support, it is deeply appreciated as we all navigate through this challenging time and topsy turvy world together.



Shelagh (she/her/ MOOOOOOOOM) is thrilled to be a part of We All Shine Productions - even in a pre-taped format. Unfortunately, her house is full of ham's who like to camera bomb during live readings and her internet hates her. Happy to help any way she can! Shelagh returned to theatre in 2015 after a long sabbatical from the stage. Performing with Theatre Aurora and Markham Little Theatre, Shelagh has met many shady characters she now happily calls her friends. Shelagh looks forward to returning to the theatre and playing again with her friends. Shelagh does not have a headshot. Instead, here is Bruce Wayne, the dog, in a beautiful crown of flowers.



Catherine Hughes attended U of T and The Second City. (For the record you're not the only one John 'la tee da' Fetherston!) She also received training at The Royal Conservatory of Music and the Julliard School of Music. After spending quite a few years working for CBC Communications Catherine decided to save her soul and started working in film (that too did not do much for her soul). All the while, she performed throughout Toronto, singing and telling off colour tales while accompanied by her long suffering piano player, Don Guinn. Releasing a CD and putting it on Spotify, for free, may be a regret. Catherine combined all her experience in the arts and publicity and created the persona & production/event company "Diva In The Rough". She is now commissioned by museums, music halls, theatres, cultural centres, and historical societies to write original shows, perform, cast and direct. The lockdown has given her a much needed rest to spend time with her son and her two dogs and her sister, Shelagh Hughes Carlini, who is an integral part of her production company. The "Irish Word of the Day" series burst forth as a vehicle to poke fun & celebrate her

## The Fighting Ourselves Team

### In order of appearance

Irish family and heritage. Miss Hughes is very happy and grateful to be involved with the talented troupe of "We All Shine Productions"



Peter Shipston (he/him) has been acting and directing at various theatres throughout Southern Ontario for 30 years. He has won numerous Awards, both Regional and Provincial. Favourite roles include Elwood P. Dowd in *Harvey* (Theatre Aurora), Valmont in *Les Liaisons Dangereuses* (Blackhorse Village Players), and George in *Same Time Next Year* (The Actors Colony Theatre).



Colleen Sullivan (she/her) was born in Toronto and has been drawing and painting since she was three years old. She holds an Honours B.A. in Studio Art from University of Toronto and a Diploma in Art and Art History from Sheridan College. She received her B.Ed. in Junior/Intermediate with Visual Arts from University of Toronto. Colleen taught elementary school in York Region as a Specialist art and K-8 teacher. After retirement, Colleen and her husband Ian moved to the beautiful Cowichan Valley on Vancouver Island, B.C. Colleen has a dedicated Studio practice in digital art and mixed media. She is also an avid fan of Social Media. You can follow her at: <https://www.pulseofmyheartstudio.com/>



Formerly the front man for Toronto-based "Turn Off The Stars" (EMI), Walker (he/him) is now taking the stage once again, this time to debut his solo work, which is rapidly gaining recognition among fans. His sound has been described as a cross between Wilco and Ryan Adams, and echoes such Canadian greats as Neil Young, Gordon Lightfoot, and Blue Rodeo. His debut eponymous solo album, produced at Kensington Sound in Toronto by music-designer Ben Pelchat, is available now on vinyl and all digital platforms worldwide! M.T. Walker's musical ascent is just getting started - keep your eyes peeled in his direction.

You can find him and his music at: <https://mtwalkermusic.com/>

## The Fighting Ourselves Team

### In order of appearance



Dave (he/him) has been involved with community theatre since 2007. He has acted in, crewed, and stage managed many shows in Aurora and surrounding areas. Dave is proud to be a part of We All Shine Productions and proud to support the Cast and Crew of *Defective Me* and *But Wait, There's More*. Thank you to all his Family and Friends who have supported him and to the Audience for supporting the arts, in whatever form they come.



Lori (she/her) is excited to be involved in the second production of We All Shine Productions. Lori discovered her home in the theatre world at the tender age of 5 when she played Flower #2 in *The Pink Dragon*. Since then, she has been involved in countless productions in schools, churches, and community theatres across South-Central Ontario. Lori has been with her home theatre, Theatre Aurora, for the

past 14 years in various capacities years, including actor, stage manager, producer, past Board Secretary, and has been Front of House Director for the past 6 years. While this pandemic may have temporarily stopped stage productions as we have known them, it couldn't stop the creative spirit.



John (he/him) has been involved with community theatre, onstage and off, for over 25 years, and has been privileged to work with many York Region theatre companies. Favourite shows include *Doubt*, *Storm Warning*, and *The Affections of May* (with Christine of course!). He's planning to wake up tomorrow to find that 2020 has just been a very involved dream.



Andrew (he/him) has been doing community theatre in his area for five years, working with The Curtain Club Theatre, Theatre Aurora, Markham Little Theatre, and Blackhorse Village Players. Since lockdown, he has had the privilege of working with The Show Must Go Online. Thanks to the experience he gained with them, he felt capable of taking on assistant producing and directing *Defective Me*. He has

also enjoyed the opportunity to be featured in Cup of Hemlock Theatre's review series, *The Cup*. He was last seen acting in Evergreen Theatre

## The Fighting Ourselves Team

### In order of appearance

Collective's production of *The Cherry Orchard*. He thanks all those involved in *Fighting Ourselves* for their hard work and commitment. Extra shoutout to his family and his pal, Nine.



Rachel Baumann (she/her) is a senior at Ithaca College studying Stage Management and Accounting. She has been stage managing and working in technical theatre for eight years throughout Connecticut, New York, Massachusetts and London, and has been very involved in learning to work in virtual theatre since March. Recent credits include: PSM *The Cherry Orchard* (Evergreen Theatre Collective), PSM

*Balancé* (Possibilities Theatre Company), PSM *Shifting Spaces* (Ithaca College), PSM *Spamalot* (Musicals at Richter), ASM *Head over Heels* (Ithaca College), ASM *Sender* (Ithaca College).

Special Thanks: Kent Fraser, Wayne Milliner, and Max Perrone